

ANDHRA CHRISTIAN COLLEGE :: GUNTUR

(Day, Evening & P.G.)

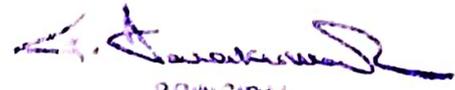
NOTICE

Date : 15-07-2018

All the 1st, 2nd and 3rd year PPS AND B.A students are hereby informed to submit their names for the certified course on "Society and Health Education" for the academic year 2018- 19 to the H.O.D., Department of Sociology, Guntur on or before 31-7-2018. The Course will commence from 16-08-2018 and the duration of the course is 30 days.

H.O.D.

Dept of Sociology


PRINCIPAL
ANDHRA CHRISTIAN COLLEGE
GUNTUR
PRINCIPAL

ANDHRA CHRISTIAN COLLEGE GUNTUR
Department of Sociology
Certificate Course on
SOCIETY AND HEALTH EDUCATION
2018-2019

AIMS

- **Value of Health :**

- Health education aims at acquainting the pupils and teachers with the rules of health and hygiene, functioning of the body precautionary measures to ward off diseases; and working for common good.

- **Good Health :**

- The authorities should provide hygienic environment in the form of adequate ventilation, proper temperature, good sanitation and all-around cleanliness. It helps the authorities to keep certain norms of health

- **Preventive Measures Health communicable diseases:**

Its aim is to take adequate precautions against contamination and spread of diseases. Thus good sanitary arrangements are made. Precautionary and preventive measure, if they are properly adopted, can help in improving the health standards of society

- **Promotion of Mental and Emotional Health**

Mental and emotional health are also equally important along with physical health. While Physical health makes a pupil physical fit, mental and emotional health enables him to maintain an even temper and a happy disposition.

- **Civic Responsibility**

School and college is a miniature society. Responsibility of ill health does not lie on any one's shoulders. Even some causes of ill-health have their origin in social conditions which require action on the part of community, as a whole, in order to eradicate them. It aims at realizing the people to make combined efforts and work for common good.

OBJECTIVES

- **Higher Educational Stage**

1. To make pupils understand the causes of the pollution of air, water, soil and food as well as the ways and means of their prevention.
2. To give students sufficient knowledge about marriage, sex and population explosion.
3. To help students understand the importance of physical training, sports, games, yogic exercises as well as their relationship with health education program.
4. To emphasize students the bad effects of smoking and taking alcohol
5. To make students know about the functioning of various organizations, working for the maintenance and preservation of health.
6. To acquaint students with the functioning of various organizations working for the maintenance of health.

Course Syllabus

Component I – The social basis of health, illness and medicine

Component II- Sociology of Health : Meaning

Component III- Sociological Perspectives on Health, illness and the Body

Component IV- Social construction of Medical Knowledge

Component V- Genesis and Evolution of Social Medicine

COURSE SCHEDULE
SOCIETY AND HEALTH EDUCATION

Total Hours : 30 hours

Sl. No	TOPIC	HOURS
1	CPR, First – Aid and Emergency	6
2	Mental and Emotional Health	5
3	Balanced Diet / Malnutrition	4
4	Healthy living – Awareness and Prevention of Obesity	4
5	Sexual Health Education	5
6	Menstrual Hygiene	5
7	Organ Transplantation and scope of Health Education	1